

BIAOV COMMUNIQUE

June 2012

Summer Issue

JUNE IS BRAIN INJURY AWARENESS MONTH

The Brain Injury Association of the Ottawa Valley would like to thank the law firm of Tierney, Stauffer LLP for their dedication and support over the past 5 years working with the Fundraising Committee to ensure that our annual dinners were a success. \$265,000 was raised for the association and, in particular, the Step Up Work Centre Program. Thank you to team Tierney and all of the members of the Fundraising Committee. Good Luck in your future endeavors!

WELCOME to BURN, TUCKER the Personal Injury Group of the law firm of “Doucet, McBride LLP”. Laurie Tucker and Colleen Burn will co-chair our Fundraising Committee and are the title sponsors of the 6th Annual Dinner to be held on October 23, 2012 at the Hampton Inn.

KEYNOTE SPEAKER

Doug Smith, former NHL'er and author will share his journey and recovery from numerous concussions and a spinal cord injury which ended his career at the age of 30.

Reserve your tickets now and for more information on sponsoring this event please contact Lori Mitchell at Doucet, McBride (613) 233-1672.



**Brain Injury
Association
of the
Ottawa Valley**



Member comments:

“Being a part of the BIAOV gives me a purpose for waking up each morning, it is an extension of my family” - Murray

“It has provided me with strategies to help me out and has boosted my self-esteem. This has given me more confidence in my life which is priceless.” - Al



Front



Back

T-shirts are \$10.00 and can be purchased from the association by calling (613) 233-8303

On June 1st members of OBIA and affiliate associations across the Province will be wearing black t-shirts with the slogan “Making Invisible Visible” to kick off Brain Injury Awareness Month. Why not do your part and purchase a t-shirt to show support and help support programming. T-shirts are available at the office now! Call to pick yours up. Visit our booth at Brain Injury Awareness Day, June 13th at the Hampton Inn.

**NOTICE OF THE
BRAIN INJURY ASSOCIATION OF THE
OTTAWA VALLEY**

ANNUAL GENERAL MEETING

TUESDAY, JUNE 26TH, 2012

6:00 pm

**ROOM 221 – 211 BRONSON AVE,
OTTAWA, ON**

Light Refreshments will be served.

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Did you know.....

That there are rules and fines under the Highway Traffic Act that can be enforced such as:

HTA 104 - Helmets

Every cyclist under the age of eighteen must wear an approved bicycle helmet. Parents or guardians shall not knowingly permit cyclists under sixteen to ride without a helmet.

Set fine: \$60.00

HTA 62(17) - Lights

A bike must have a white front light and a red rear light or reflector if you ride between 1/2 hour before sunset and 1/2 hour after sunrise and white reflective tape on the front forks and red reflective tape on rear forks.

Set fine: \$20.00

HTA 64(3) - Brakes

A bike must have at least one brake system on the rear wheel. When you put on the brakes, you should be able to skid on dry, level pavement.

Set fine: \$85.00

HTA 75 (5) - Bell

A bike must have a bell or horn in good working order.

Set fine: \$85.00

HTA 218 - Identification

Cyclists must stop and identify themselves when required to stop by police for breaking traffic laws. The police officer will ask you for your correct name and address.

Set fine: \$85.00

HAVE A SAFE AND ENJOYABLE

CYCLING SEASON!



Burn, Tucker Staff at the
Helmets on Kids Kickoff



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Thank you to all the supporters of the 2012 "Helmets on Kids" Campaign. What a great community partnership. The goal of the campaign to promote safe cycling, This year 795 helmets were distributed to students throughout the Ottawa area.